



## MEDICAL BOARD

The combined knowledge of Sanesco's outstanding multi-disciplinary Medical Board supports practitioners of integrative medicine with an unprecedented level of expertise in providing clinical solutions for their patients. Comprised of physicians, scientists, naturopathic doctors and nutritionists, many maintain active private practices and understand first-hand the challenges faced by today's practitioner.

The team's collective goal is to assess and correct imbalances in the Body's Communication system. Their varied expertise in integrative medicine serves as the foundation of Sanesco's Communication System Management™ (CSM) model—a groundbreaking new clinical paradigm that addresses the common root of a plethora of chronic symptoms and diseases

As a resource to practitioners, Sanesco's Medical Board is invaluable. Their recommendations are backed by years of training and experience across a broad range of healing modalities and clinical settings. They represent the front line of Sanesco's commitment to offer practitioners of integrative medicine the most advanced clinical tools available to prevent and treat the underlying cause(s) of disease.

### **R.W. "Chip" Watkins, M.D., M.P.H., F.A.A.F.P.**

Chief Medical Officer

Dr. Watkins earned his medical degree at East Carolina School of Medicine, and completed his internship and residency in Family Medicine at Florida Hospital, Orlando in 1989. He has a Master's in Public Health in Health Promotion and Nutrition from Loma Linda University in Loma Linda, California, with experience in both academic and corporate medicine.

Dr. Watkins enjoys a thriving integrative medical practice in Greensboro, NC and specializes in functional medicine with a focus on neuro-hormonal imbalances. He is a member of the American Academy of Family Physicians and President-Elect of the North Carolina Academy of Family Physicians, and a Clinical Assistant Professor at both the UNC School of Medicine and the Carolina School of Medicine.

Dr. Watkins has lectured on a wide variety of topics at the local, state, national and international levels. He has authored a number of articles, papers and book chapters.

### **Denise R. Mark, MD**

Medical Director

Denise Mark, MD, is a graduate of the University of Pennsylvania with a Bachelors Degree in Political Science. She earned her medical degree and completed her residency in internal medicine at Baylor College of Medicine in Houston, Texas.

Dr. Mark specializes in integrative internal medicine focusing on neuroendocrine balancing, using bio-identical hormones and targeted nutritional therapy. She also uses nutritional and preventive medicine to address metabolic syndrome, menopause, andropause and thyroid/adrenal imbalances for men and women.



She has been in private practice since 1987 and is the Director at Monterey Bay Wellness in Carmel, California. Dr. Mark holds memberships in the American Academy of Environmental Medicine (AAEM) and the American College for the Advancement of Medicine (ACAM). She has been on the Board of Directors of ACAM since 1995.

Dr. Mark is a popular speaker and has presented before professional groups and appeared on radio and television programs to discuss integrative medicine, neuroendocrine balancing, bio-identical hormones, insulin resistance and preventive wellness.

### **Koren Barrett, ND**

Medical Board

Dr Barrett received her pre-medical education from the Robert D Clark Honors College at the University of Oregon. Dr Barrett has been in practice in the Orange County area since 2003 offering integrative medical care. Integrative medicine is a discipline that combines the best of both mainstream and natural therapies in one practice. She utilizes a variety of therapeutics including dietary and lifestyle counseling, herbal medicine, nutritional supplementation, and incorporating pharmaceutical prescriptions when needed.

Dr Barrett is the Vice Chair for an independent review board (IRB). She reviews pharmaceutical, natural and medical device clinical trials to ensure informed consent and safety of subjects participating in these trials. Dr Barrett is also on the medical advisory board for Sanesco International. She facilitates natural product research and development, advises on therapeutic recommendations based on functional testing results and provides lectures for practitioner education.

Dr Barrett has lectured extensively to both the general public, naturopathic and medical doctors on topics including women's medicine, natural fertility management, breast health, children's health, heart disease and general naturopathic medicine.

### **Sharon Norling, MD**

Medical Board

Dr. Norling is the only physician in the United States known to be nationally board-certified in OB/GYN, Integrative/Holistic Medicine, and Medical Acupuncture. She is also trained in Functional Medicine and certified in FirstLine Therapy, the study of nutrition, supplements and specialty testing. Dr. Norling is also a Certified Biofeedback Specialist. She is a highly sought national speaker and author. Dr. Norling served on the faculty of the University of Minnesota Medical School for 12 years. She is the founder of the Mind Body Spirit Center, a very comprehensive integrative medicine center in Westlake Village, CA. As a visionary and successful leader, Dr. Norling combines in her practice a credible and responsible academic knowledge with years of experience and a caring nature.